



# I AM A VETERAN AND THIS IS MY VICTORY.

**"My victory was learning to enjoy life again."** After leaving the military, Carmen finally admitted that she had PTSD. With DAV, she found the support she needed to make her life whole again. DAV helps veterans of every generation get the benefits they've earned—helping more than a million veterans each year in life-changing ways. Support more victories for veterans. **Go to [DAV.org](https://www.dav.org)**

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FULFILLING OUR PROMISES  
TO THE MEN AND WOMEN WHO SERVED